



## DEAR **PARENT OR GUARDIAN,**

Summertime is here and it's time to prepare for the sunshine. When the sun's out it's nice to enjoy the warm rays, however we need to make sure we are all protected from harmful ultraviolet (UV) radiation.

Your child's health is very important to us and we believe it is essential that we educate them about sun safety following the sun safe rules. **So we'll be encouraging your child to:**



**SLIP** on sun protective clothing



**SLIDE** on a pair of sunglasses



**SLOP** on minimum SPF30 sunscreen



**SHADE** from the sun when possible



**SLAP** on a broad brimmed hat



**DRINK** water regularly

### **YOU CAN FIND MORE DETAILS OF OUR SUN SAFE POLICY ON THE ATTACHED DOCUMENT.**

For this policy to be effective, we need your support in educating your child about the dangers of UV radiation and how important it is that they protect themselves.

You can help by:

- Ensuring family members use sun protection at home
- Provide your children with sun protective clothing, sun cream, hats and sun glasses

I hope we can create a sun safe school for everyone so that we can all enjoy the sun safely.

Kind Regards,

Head Teacher

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