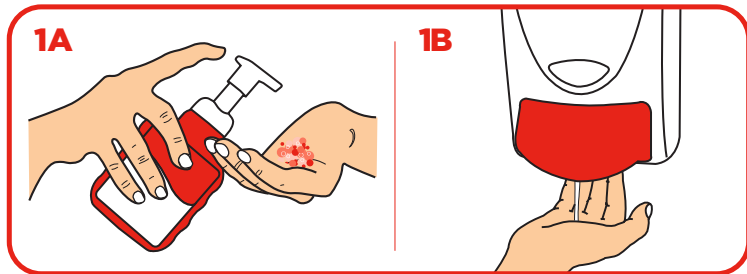


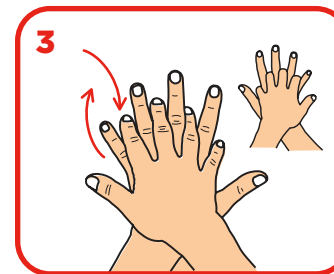
## HAND HYGIENE TECHNIQUE WITH OPTIDOSE ANTISEPTIC HANDRUB



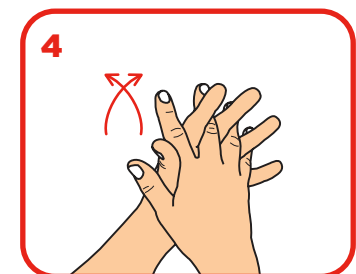
**Gently press once fully** to apply product in to cupped hands, covering all surfaces



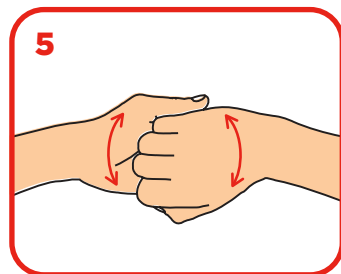
Rub hands palm to palm



Rub backs of hands with fingers interlaced



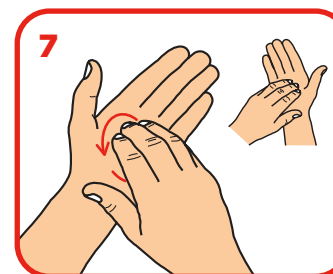
Rub palm to palm with fingers interlaced



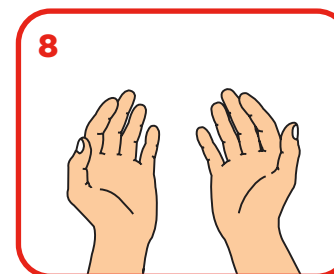
Work around fingers and nails



Rotational rubbing around thumbs



Scrub finger tips on palm



Allow to dry

Duration of the entire procedure:  
**at least 30 seconds**