

HELP STOP THE SPREAD OF GERMS



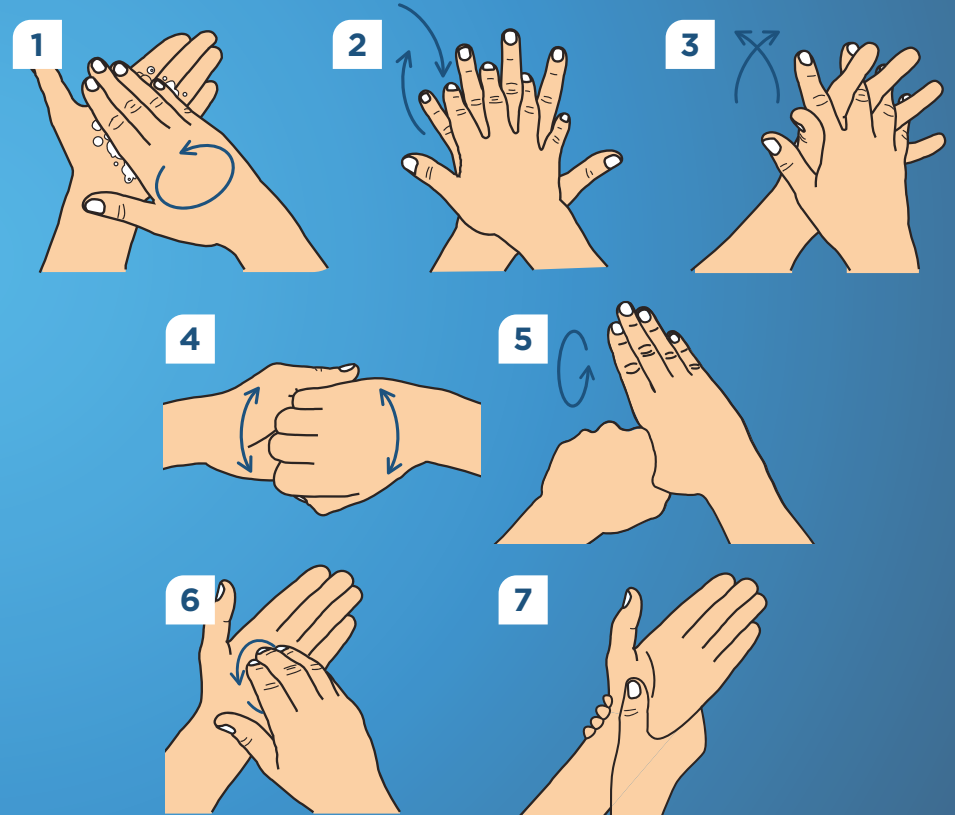
Allow 20 seconds for
an effective hand wash

Remember

Wash your hands to help keep you and
the people around you safe & healthy

The 7-step hand washing technique

Wet hands first, then apply soap



Rinse thoroughly with water & dry