



HAND SANITIZER TECHNIQUE



Apply enough product to
keep hands wet for
20 seconds



1
Dispense sanitizer onto
clean hands and rub
palm to palm



2
Rub back of each hand
with palm of other hand
with fingers interlaced



3
Rub palm to palm
with fingers interlaced



4
Rub with backs of fingers
to opposing palms with
fingers interlocked



5
Rub each thumb clasped
in opposite hand using a
rotational movement



6
Rub tips of fingers in
opposite palm in a
circular motion



7
Rub each wrist with
opposite hand