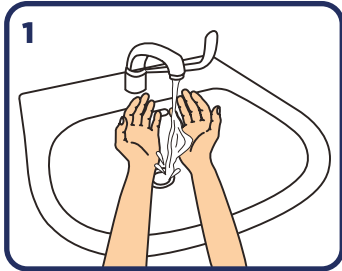


HAND WASHING TECHNIQUE WITH SOAP AND WATER

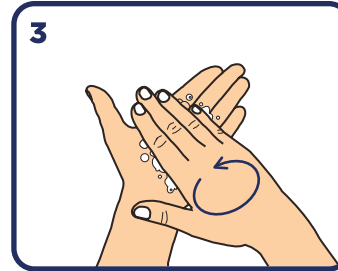
Cutan®



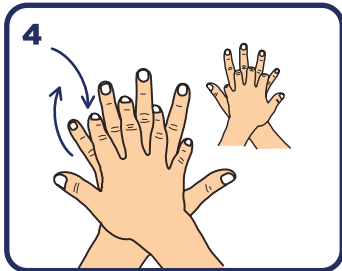
1 Mākū nga ringa ki te wai



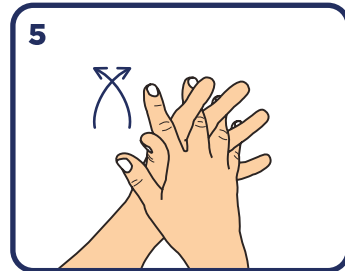
2 Hoatu hopi nui hei taupoki i ngā mata ringa katoa



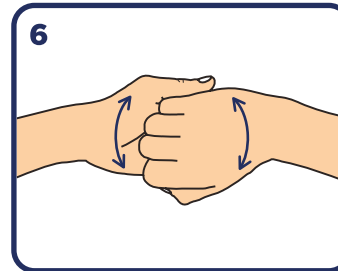
3 Miria ō ringa, kapu ki te kapu, tae rawa ki ngā wha ringa



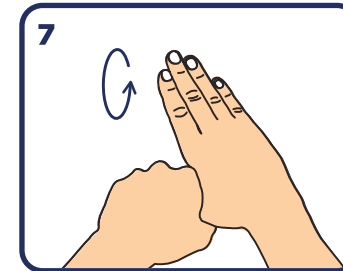
4 Te kapu matau i runga i te muri o te ringa mauī ka tūhono i ngā matimati, kātahi ka whakawhiti



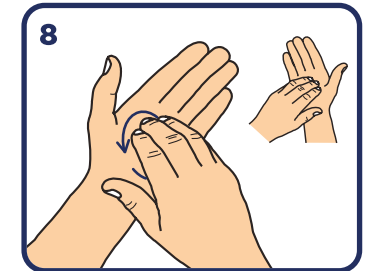
5 Kapu ki te kapu me ngā matimati e tūhonohono ana



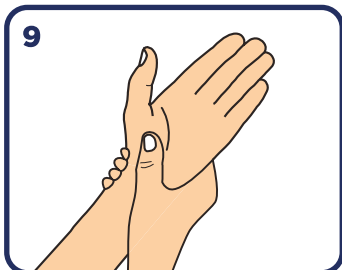
6 Ko muri o ngā matimati ki te kapu tauaro, me ngā matimati tūhonohono



7 Mirimiri haere te kōnui mauī mā te kapu matau, ka whakawhi



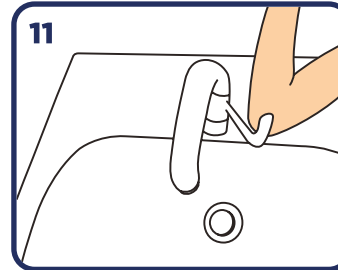
8 Ngā aki matimati i runga i te kapu



9 Miria ia ringaringa



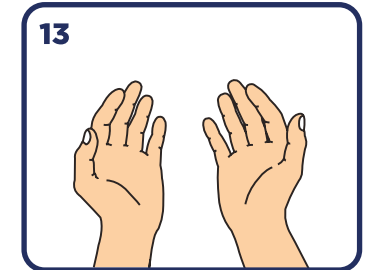
10 Horoi ringa ki te wai



11 Whakamahia te tuke, te tauera pepa ranei hei whakaweto i te tap



12 Me tino whakamaroke ki te tauera whakamahi kotahi



13 Kia maroke noa, kua marutau ō ringa