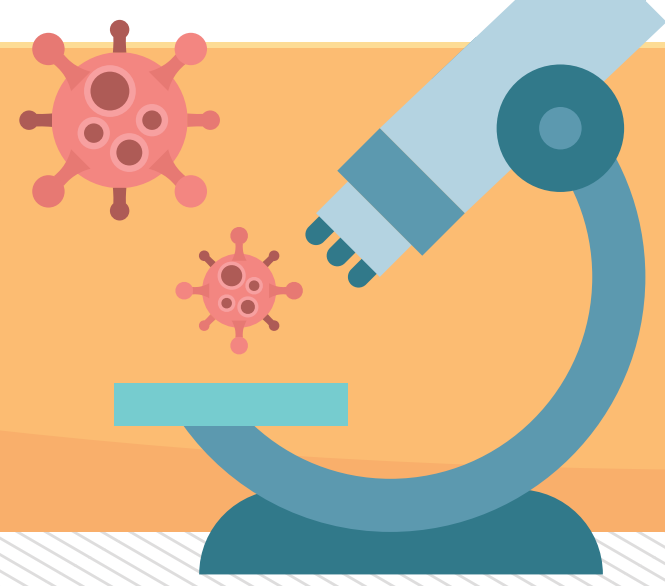
WHAT IS COVID-19?

COVID-19 (short for Coronavirus disease 2019) is an illness caused by a specific strain of Coronavirus (SARS-CoV-2)

THE VIRUS IS SO TINY THAT IT CAN ONLY BE SEEN UNDER A MICROSCOPE.



Why are they calling COVID-19 *a pandemic?*

Because people all over the world have **quickly become ill** with **COVID-19.**

HOW DOES SOMEONE GET COVID-19?

REMEMBER THOSE TINY GERMS THAT CAN ONLY BE SEEN UNDER A MICROSCOPE? THESE GERMS GET IN YOUR BODY THROUGH YOUR NOSE, MOUTH OR EYES AND CAN MAKE YOU SICK.

WHEN A SICK PERSON COUGHS OR SNEEZES, DROPLETS OF GROSS SPIT AND SNOT FLY OUT THEIR NOSE AND MOUTH. THESE GERMS CAN LAND IN YOUR EYES OR YOU CAN BREATHE THEM IN THROUGH YOUR NOSE AND MOUTH.

IF YOU TOUCH SOMETHING THAT THESE TINY GERMS LANDED ON, AND THEN TOUCH YOUR FACE, YOU COULD GET LET THE VIRUS INTO YOUR BODY AND GET SICK.

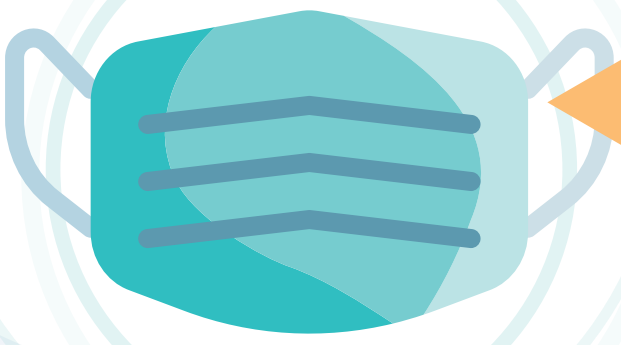
BE A CORONAVIRUS SUPERHERO!

YOU CAN HELP KEEP YOURSELF AND OTHERS HEALTHY BY PRACTICING THESE GOOD HABITS:

WASH YOUR HANDS

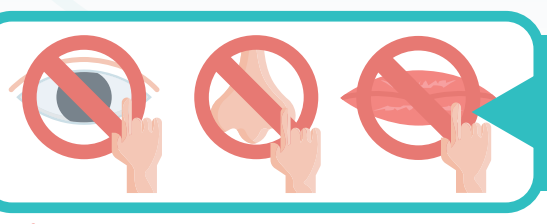
frequently with soap and water for 20 seconds

AVOID LARGE CROWDS



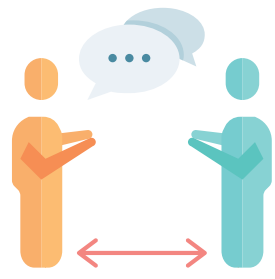
COVER your nose and mouth with a mask

CLEAN and disinfect things you touch



DON'T TOUCH YOUR FACE

PRACTICE SOCIAL DISTANCING



AT LEAST *2M APART*